## Claims:

 In an ironing plate designed to iron clothes, a double-sided ironing plate, comprising:

a sleeve part having a rectangular cross section wherein a sleeve part of clothes is putted onto the same;

a shirt part that is integrally connected with the sleeve part and has a human body shaped cross section so that front and back surfaces of clothes are ironed in a state that an upper garment is putted onto the ironing plate; and

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a lower garment part that is connected with the shirt part and is formed in a dovetail shape for thereby performing an ironing operation in a state that a lower garment is putted on, wherein one surface of the sleeve part, shirt part and lower garment part forming the ironing part is plane, and the back surface is formed of a 3D curved surface.

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2. The plate of claim 1, wherein said ironing plate includes a leg part capable of maintaining an inverted state of one surface and a back surface of the ironing plate so that a double surface ironing is achieved by changing the front and back surfaces in a state that clothes are putted on, wherein said leg part includes:

a support frame;

a plurality of legs wherein one end of each of the same is connected with the support frame; and

a support groove and an insertion groove formed in the ironing plate in such a manner that the legs are crossed from each other, and a hinge portion is formed at the crossing portion, and the other end of each of the legs is positioned.

3. In an ironing plate for ironing clothes, a double-sided ironing plate, comprising:

a double-sided ironing plate of which upper and lower surfaces are used for ironing;

a support part adapted to support the ironing plate; and

a support part that is connected with one end of the support part and supports one end of the ironing plate, so that the ironing plate is tiltable in the upper and lower directions and is rotatable in the left and right directions.

4. The plate of claim 3, wherein said support part includes:

a stay part formed at one end of the support part; and

a stay port formed at one end of the ironing plate wherein the stay

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part is received into the stay port.

5. The plate of claim 4, wherein a first hinge part is provided in the support part for achieving an up and down movement of the ironing plate.

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- 6. The plate of claim 3, wherein said support part includes:
  - a circular protrusion part formed at one end of the support part;
- a receiving groove formed at one end of the ironing plate for receiving a protrusion thereinto, wherein a first hinge part is formed in the support part so that the ironing plate is tiltable in the upper and lower direction.
- 7. The plate of one among claims 3 through 6, wherein said support part includes:
- a pair of legs in which said support part is provided at one end of each of the same, and said legs are provided at a certain interval;

a second leg provided between the first legs by a hinge wherein one end of the same supports the ironing plate.

8. The plate of one among claims 3 through 6, wherein said ironing

plate includes:

a shirt part that has a human body shaped cross section wherein an upper garment is putted onto the same, a back surface is plane, and an upper surface is curved;

a sleeve part that is connected with one end of the shirt part wherein a sleeve part of clothes is inserted for thereby achieving ironing, and a back surface is plane, and an upper surface is formed of a curved surface; and

a lower garment part connected with the other end of the shirt part wherein a back surface is plane, and an upper surface is formed of a curved surface for thereby achieving an ironing operation in a state that a lower garment is putted onto the ironing plate.

- 9. The plate of claim 8, wherein an insertion groove is formed in the interior of an end of the shirt part wherein the sleeve part is inserted thereinto.
- 10. The plate of claim 9, wherein a holder is provided in the lower garment part for fixing the putted-on lower garment, and said holder is tongs.

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